

Dear Families,

Instead of the usual spring mailing that you have received from the Nurse's office in the past, you will now be able to download and print out our health forms from the new LREI website. To access these forms, please click on the following link:

<http://www.lrei.org/community/parents/downloads>

You can also navigate to the health forms on our site by clicking on "Our Community" in the red bar on the first page, scrolling up to click on "parents", and then by clicking on "downloads".

- Health forms need to be returned to the Nurse's office by the end of August and be current for the school year. If the date for your child's physical falls on a birthday after the first day of school, send in a copy of the most recent health form with a note stating the date of the upcoming physical exam.
- The Parental Permission, Emergency Care, and Consent to Share Information boxes need to be signed and dated by you.
- ***Please note that in order to administer any medication, including over-the-counter medication, we must have the physician's/prescriber's signature in the space indicated at the bottom of the form.***
- Make a copy of your child's health form to be kept on file at home. You will need it to complete forms for school trips. (Camp health forms cannot be accepted as a substitute for our own form).
- Fifth and sixth grade families need to download the medical form for the Ashokan trip that takes place in September. Please bring this form to your pediatrician when your child goes for their school physical so both forms can be completed at the same time. You will be receiving more information about the Ashokan trip during the summer, and additional forms that you will need to complete.
- For families of High School students only: if you would like your child to be able to administer their own medication in school, please download the Self Medication Form that must be completed by you *and your pediatrician*. This form must be returned to the School Nurse.
- Families of students who will be keeping EpiPens in school need to download the Food Allergy Action Plan and bring it to your pediatrician to complete when your child goes for their school physical. This plan needs to be renewed on a yearly basis. In addition, you will also be receiving a letter in the mail that needs to be signed by you and returned to the School Nurse authorizing the school to administer emergency treatment in the event a severe allergic reaction.

To simplify the process of updating directory, emergency contact and trip card information, we will no longer be sending home paper forms for you to complete. Instead, we will be asking families to submit this information through the secure password protected area of the school's website. You will receive detailed information about how to do this in a future communication.

Please let us know if you have any questions or concerns.

Best,

Kitty Highstein RN

Sue Gower RN